USDA National Nutrient Database for Standard Reference Release 28

Statistics Report 03019, Babyfood, snack, GERBER GRADUATE FRUIT STRIPS, Real Fruit Bars

Report Date:October 26, 2015 20:46 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points Std.	Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	19.09									Calculated or imputed		04/2009
Energy	kcal	330									Calculated or imputed		05/2009
Energy	kJ	1380									Calculated or imputed		05/2009
Protein	g	0.82									Calculated or imputed		05/2009
Total lipid (fat)	g	2.24									Calculated or imputed		05/2009
Ash	g	1.24									Calculated or imputed		04/2009
Carbohydrate, by difference	g	76.61									Calculated or imputed		05/2009
Fiber, total dietary	g	2.0									Calculated from nutrient label by NDL		08/2015
Sugars, total	g	68.65									Calculated or imputed		05/2009
Minerals													
Calcium, Ca	mg	18									Calculated or imputed		04/2009
Iron, Fe	mg	1.05									Calculated or imputed		04/2009
Magnesium, Mg	mg	9									Calculated or imputed		04/2009
Phosphorus, P	mg	23									Calculated or imputed		04/2009
Potassium, K	mg	312									Calculated or imputed		05/2009

Nutrient	Unit	Value Per100 g	Data Points Std	l. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Sodium, Na	mg	14									Calculated or imputed		04/2009
Zinc, Zn	mg	0.14									Calculated or imputed		04/2009
Copper, Cu	mg	0.242									Calculated or imputed		04/2009
Manganese, Mn	mg	0.700									Calculated or imputed		04/2009
Selenium, Se	μg	1.4									Calculated or imputed		04/2009
Vitamins													
Vitamin C, total ascorbic acid	mg	179.9									Calculated or imputed		05/2009
Thiamin	mg	0.041									Calculated or imputed		04/2009
Riboflavin	mg	0.046									Calculated or imputed		04/2009
Niacin	mg	0.334									Calculated or imputed		04/2009
Pantothenic acid	mg	0.142									Calculated or imputed		04/2009
Vitamin B-6	mg	0.201									Calculated or imputed		04/2009
Folate, total	μg	1									Calculated or imputed		04/2009
Folic acid	μg	0									Calculated or imputed		04/2009
Folate, food	μg	1									Calculated or imputed		04/2009
Folate, DFE	μg	1									Calculated or imputed		05/2009
Choline, total	mg	14.5									Calculated or imputed		04/2009
Vitamin B-12	μg	0.00									Calculated or imputed		04/2009
Vitamin B-12, added	μg	0.00									Calculated or imputed		04/2009
Vitamin A, RAE	μg	12									Calculated or imputed		05/2009

Nutrient	Unit	Value Per100 g	Data Points Std.	Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Retinol	μg	0									Calculated or imputed		04/2009
Carotene, beta	μg	102									Calculated or imputed		04/2009
Carotene, alpha	μg	0									Calculated or imputed		04/2009
Cryptoxanthin, beta	μg	76									Calculated or imputed		04/2009
Vitamin A, IU	IU	233									Calculated or imputed		05/2009
Lycopene	μg	0									Calculated or imputed		04/2009
Lutein + zeaxanthin	μg	81									Calculated or imputed		04/2009
Vitamin E (alpha-tocopherol)	mg	0.96									Calculated or imputed		04/2009
Vitamin E, added	mg	0.00									Calculated or imputed		04/2009
Vitamin D (D2 + D3)	μg	0.0									Calculated or imputed		04/2009
Vitamin D	IU	0									Calculated or imputed		04/2009
Vitamin K (phylloquinone)	μg	2.5									Calculated or imputed		04/2009
Lipids													
Fatty acids, total saturated	g	0.364									Calculated or imputed		08/2013
4:0	g	0.000									Calculated or imputed		04/2009
6:0	g	0.000									Calculated or imputed		04/2009
8:0	g	0.000									Calculated or imputed		04/2009
10:0	g	0.000									Calculated or imputed		04/2009
12:0	g	0.005									Calculated or imputed		05/2009
14:0	g	0.009	-								Calculated or imputed		05/2009

Nutrient	Unit	Value Per100 g	Data Points Std. E	rror	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
16:0	g	0.304									Calculated or imputed		08/2013
18:0	g	0.046									Calculated or imputed		05/2009
Fatty acids, total monounsaturated	g	0.092									Calculated or imputed		08/2013
16:1 undifferentiated	g	0.005									Calculated or imputed		05/2009
18:1 undifferentiated	g	0.088									Calculated or imputed		08/2013
20:1	g	0.000									Calculated or imputed		04/2009
22:1 undifferentiated	g	0.000									Calculated or imputed		04/2009
Fatty acids, total polyunsaturated	g	0.664									Calculated or imputed		08/2013
18:2 undifferentiated	g	0.549									Calculated or imputed		08/2013
18:3 undifferentiated	g	0.115									Calculated or imputed		08/2013
18:4	g	0.000									Calculated or imputed		04/2009
20:4 undifferentiated	g	0.000									Calculated or imputed		04/2009
20:5 n-3 (EPA)	g	0.000									Calculated or imputed		04/2009
22:5 n-3 (DPA)	g	0.000									Calculated or imputed		04/2009
22:6 n-3 (DHA)	g	0.000									Calculated or imputed		04/2009
Cholesterol	mg	0									Calculated or imputed		04/2009
Amino Acids													
Tryptophan	g	0.000									Calculated or imputed		04/2009
Threonine	g	0.000									Calculated or imputed		04/2009
Isoleucine	g	0.000									Calculated or imputed		04/2009

Nutrient	Unit	Value Per100 g	Data Points	d. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Leucine	g	0.000									Calculated or imputed		04/2009
Lysine	g	0.000									Calculated or imputed		04/2009
Methionine	g	0.000									Calculated or imputed		04/2009
Cystine	g	0.000									Calculated or imputed		04/2009
Phenylalanine	g	0.000									Calculated or imputed		04/2009
Tyrosine	g	0.000									Calculated or imputed		04/2009
Valine	g	0.000									Calculated or imputed		04/2009
Arginine	g	0.000									Calculated or imputed		04/2009
Histidine	g	0.000									Calculated or imputed		04/2009
Alanine	g	0.000									Calculated or imputed		04/2009
Aspartic acid	g	0.000									Calculated or imputed		04/2009
Glutamic acid	g	0.000									Calculated or imputed		04/2009
Glycine	g	0.000									Calculated or imputed		04/2009
Proline	g	0.000									Calculated or imputed		04/2009
Serine	g	0.000									Calculated or imputed		04/2009
Other													
Alcohol, ethyl	g	0.0									Calculated or imputed		04/2009
Caffeine	mg	0									Calculated or imputed		04/2009
Theobromine	mg	0									Calculated or imputed		04/2009